

MINUTES: Healthy Carolinians of Macon County – Elder Care and Caregivers Committee

DATE: January 12, 2010

PLACE: Senior Services Building

TIME: 12:00 N – 1:30 PM

ATTENDEES: Sarah Altman, Rhonda Blanton, Tim Crabtree, Dorothy Crawford, John Crawford, Michael Grubermann, Lisa Hilliard, Leslie Lawson, Martha Lind, Kathy McGaha, Teresa Murray, Derek Roland, Sheila Southard, Vince West and Karen Wisman

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Sheila Southard welcomed everyone to today's meeting of the Elder Care and Caregivers Committee. Ms. Southard asked the committee members to review the minutes of the last meeting. Teresa Murray motioned for the approval of the minutes. Dorothy Crawford 2 nd the motion, with a unanimous vote for approval.		
Tour of New Senior Services Facility	Sheila Southard led the committee members on a tour of the new facility. The committee members thanked Ms. Southard for offering this.		
Senior Friendly	<p>Sheila Southard next asked Derek Roland, Macon County Planner, to explain the current status of the Comprehensive Plan and how it was progressing. Mr. Roland thanked everyone for being present today.</p> <p>Mr. Roland reminded the committee members that one of the several sub-committee's that are working on the Comprehensive Plan is covering the topics of Health/Seniors/Childcare. Several members of the Elder Care and Caregivers Committee are on this sub-committee. Mr. Roland stated that the population of senior citizens in Macon County would be a significant factor to consider for future growth. Mr. Roland said that all sub-committee members had been invited to the next Planning Board meeting to be held on January 21st at 5:00 PM at Mill Creek.</p> <p>Ms. Southard said it would definitely be a benefit for Macon County if this committee could develop a plan or guidelines for Senior Friendly Communities. The committee members next considered why this is needed and the benefits that would be received.</p>		

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	<p>Ms. Southard reminded the committee members that they are to be gathering information (specific to Macon County if possible). Ms. Southard asked the committee members to bring this information to the next meeting for the committee members to review and discuss.</p>	<p>Sheila Southard reminded the committee members to gather information (specific to Macon County if possible) and bring this information to the next meeting.</p>	
<p>New Senior Services Programs</p>	<p>Sheila Southard said with the addition of more space and equipment, they would like to offer more classes and activities for the seniors. Ms. Southard asked the committee members for ideas and suggestions. She also stated the committee members could volunteer to lead or assist with an activity or a class.</p> <p>Ms. Southard also informed the committee members about the newsletter that is published monthly. Ms. Southard said it is currently only available in printed form. Ms. Southard said past attempts to make it electronic had failed. Kathy McGaha suggested this would make it more available to a wider audience. Ms. Southard stated she would check into this again and report back at the next meeting.</p>	<p>Sheila Southard will check on the possibility of putting the monthly newsletter in electronic form.</p>	
<p>Community Resource Center</p>	<p>Sheila Southard stated the Community Resource Center had been very busy. Ms. Southard said the new number for the center is 349-0211.</p> <p>Ms. Southard said she wanted to get the word out that the Community Resource Center is for everyone, not just for seniors. She stated that there was some confusion, since the center was housed in the Senior Services Building.</p>		
<p>Other Items for Discussion</p>	<p>Other Items for Discussion:</p> <ul style="list-style-type: none"> ○ Rhonda Blanton passed out a handout that Michael Rich sent to her. The handout covered <u>Safety/Security Notes</u> for Macon County. The areas covered were: <ul style="list-style-type: none"> ❖ Driver Safety ❖ Abuse/Neglect 		

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	<ul style="list-style-type: none"> ❖ Domestic Violence ❖ At-risk Population ❖ Emergency Response/Fire Safety ❖ Fraud and Exploitation <ul style="list-style-type: none"> ○ Kathy McGaha informed the committee members about the upcoming Warmth in Winter event being held on Wednesday, January 27th at CARENET from 4:00 PM – 8:00 PM. Ms. McGaha said a meal will be provided, agency representatives will explain services they provide, and clothing and other items will also be available. Ms. McGaha explained that a homeless count will also be taken at this time, with certain local agencies participating in the homeless count on January 28th. ○ Vince West announced that the dates for the upcoming Senior Games are April 26th to May 14th. Mr. West explained that the ages to participate are 55 and up. Mr. West stated that he would like to see more participation from the “natives” of the area. He asked for ideas to possibly increase their interest in Senior Games. Derek Roland suggested contacting local churches and asking them to provide information about Senior Games to their congregations. 		
Next Meeting Date	The next meeting of the Elder Care and Caregivers Committee will be held on Tuesday, March 16 th , from 12:00 Noon – 1:30 PM in the conference room at the Senior Services Building.		The date of the next meeting has been changed to Tuesday, March 23rd from 12:00 N – 1:30 PM at the Senior Services Building.